

# Dungarvan Hillwalking Club

Dungarvan Hillwalking Club 1995



## Walk 1: Comeragh Challenge

Clonmel to Killgobinet Sports Centre Bohadon. This self navigated walk is 45kms, has an ascent 2,000m (approx) and is aimed at the **very experienced and fit walker with navigation skills**. It takes walkers via Lachtnafrankie and Knockanaffrin ridge to the Nire Valley, then via the Gap, Carrignagour, Boola Cairn to Coumfea, Seefin, Farbreaga and Cruachán.

### List of Waypoints.

Checkpoint	Grid Ref.
Start	S229 213
Lachtnafrankie	S235 181
Bog Road	S255 175 M
Knocksheegowna	S278 165
Nire Car Park	S276 128 MFW
Boola Cairn	S319 122
Spot Height 792	S317 105 M
Coum Fea	S286 089 M
Seefin	S274 068 MW
Farbreaga	S284 034
Mauma Road	S270 015 MFW
Cruachan	S275 006
Finish	S237 005 MFW

M=Manned F=Food W=Water