

Dungarvan Hillwalking Club

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Walk 3: Nire Walk

The Nire Valley car park to Killgobinet Sports Centre Bohadoon. This walk is 22kms long and has an ascent of 900m (approx), it takes 5 – 6 hours to complete. Via Coumfea, Seefin, Treenearla commons, Mauma road and Cruachan. Club marshals and sweepers will be on the route.

List of Waypoints.

Checkpoint	Grid Ref.
Start	S272 130
Coum Fea	S286 089 M
Seefin	S274 068 MW
Mauma Road	S270 015 MFW
Cruachan	S275 006
Finish	S237 005 MFW

M=Manned F=Food W=Water