Dungarvan Hillwalking Club

★ Comeragh CROSSING Registration Form

This walk is approximately 35km long mainly on mountain terrain with 1,250m ascent. The route takes walkers via Long Hill, Punch Bowl and Knockanaffrin slopes to the Nire Valley. From there the route takes in Coumfea, Seefin, Treenearla Commons and Cruachan before finishing back at Bridgie Terries. Marshals and sweepers will be on the route.

Rules and Conditions of entry

Participants in the Crossing walk must be over 16 years of age. Participants between the ages of 16 and 18 (Proof of age may be requested) will only be allowed to walk if their entry form has been co-signed by an accompanying adult walker who assumes responsibility for them at all times on the walk.
For all sections of this event participants must have suitable waterproof clothing, suitable hiking boots, an OS map of the area (DS No. 75) and a compass (and be proficient in their use).
Carry their control card during the walk.
Reach the checkpoints before the stated closing times and finish no later than 20:00 hrs.
As the walk may take up to 12 hours to complete, participants should carry sufficient food and water with them, including emergency food such as glucose (drinks/sweets) and chocolate.

Organiser's decision is final: In any matter arising in connection with the walk, the decision of the organisers is final. The organisers will not hesitate to cancel the entry of anyone, who, in their opinion, is not fit to take part or continue in the walk.
Every precaution is taken by the organisers to safeguard participants, but those taking part do so at their own risk.
The organisers will not be responsible for any mishap, injury, loss or damage regardless of the cause.
In the event of an accident, ALL participants and stewards come under the control of the rescue co-ordinator.

Please PRINT your details and Sign below

Name: | | | | | | | | | | | | | | | | | | | | | | | | |

Address: _____

_____

E-mail Address: _____ Mobile Phone Number: _____

Club: _____ Car Reg No. _____

Colour of ...
Shirt/Top _____ Jumper/Fleece _____

Trousers _____ Jacket _____ Waterproof Trousers _____

I.C.E. contact person:

Name: _____ Phone No. _____

Entry Fee €25.00 (A donation will be made to West Waterford Hospice)
I confirm and certify that I have read and understand the conditions above and that I am free from all physical illnesses and defects which would endanger my life or cause inconvenience to the organisers or to other participants in any way whatsoever, and I hereby undertake not to hold anybody responsible for any mishap, injury or damage to me or my property whatever the cause.

Signed: _____ Co Signature: _____
Required for persons between 16 and 18 years old.

Date: _____

Office Use Only