

Dungarvan Hillwalking Club



Walk 1: Comeragh Challenge

Clonmel to Kilgobinet Sports Centre Bohadoon. This self navigated walk is 45kms, has an ascent 2,000m (approx) and is aimed at the **very experienced and fit walker with navigation skills**. It takes walkers via Lachtnafranke and Knockanafrin ridge to the Nire Valley, then via the Gap, Carrignagour, Boola Cairn to Coumfea, Seefin, Farbreaga and Cruachán.

List of Waypoints.

Checkpoint	Grid Ref.		
Start	S229	213	
Lachtnafranke	S235	181	
Bog Road	S255	175	M
Knocksheegowna	S278	165	
Nire Car Park	S276	128	MW
Boola Cairn	S319	122	
Spot Height 792	S317	105	M
Coum Fea*	S287	090	M
Seefin	S274	068	
Farbreaga	S284	034	
Mauma Road	S270	015	MW
Cruachan	S275	006	
Finish	S237	005	MFW

*Note new location of Coum Fea checkpoint for 2023.

M=Manned F=Food W=Water