Dungarvan Hillwalking Club



Walk 3: Nire Walk

The Nire Valley car park to Kilgobinet Sports Centre Bohadoon. This walk is 22kms long and has an ascent of 900m (approx), it takes 5 – 6 hours to complete via Coumfea, Seefin, Treenearla commons, Mauma road and Cruachan. Club marshals and sweepers will be on the route.

List of Waypoints.

| Checkpoint | Grid Ref. | |
|------------|-----------|-----|
| Start | S272 13 | |
| Coum Fea* | S287 09 | Μ |
| Seefin | S274 06 | |
| Mauma Road | S270 01 | MW |
| Cruachan | S275 00 | |
| Finish | S237 00 | MFW |

*Note new location of Coum Fea checkpoint for 2023.

M=Manned F=Food W=Water