




Dungarvan Hillwalking Club
Walks Schedule
December 2010


Merry Christmas & A Happy New Year from all at DHWC

DATE	CPF	GRADE	TIME	LOCATION	LEADER
12-12-2010	€3	B	1000hrs	Knockmealdowns	Tom Fitzgerald 087 9860495
	€3	C	1300 hrs	Kilmacthomas	Eddie Hill 087 2259225

Chairperson Peter Mangan tele: 058 41248

19-12-2010	€3	C	1300 hrs PARK HOTEL	Ardmore Mulled Wine & Mince Pie Walk In Aid of Lions Club Christmas Appeal All Welcome full details: Reenie Palmer CHRISTMAS HATS ESSENTIAL !!!!!
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“B” Walks contact Club Secretary Tom Walsh tele: 058 42347

C” Walks contact Brian Wickham tele:058 42338 / Norman Graham 051 386250

7-12-2010 Monday	€3	B easy	1100hrs	Christmas Walks Comeraghs Reenie Palmer
	€3	C	1300 hrs	Complimentary Hot Soup & Rolls at Tudor House 4 pm Villierstown Tony Fitzgerald

01-01-2011 Saturday	€3	C	1300 hrs	Glenshelane New Years Day Walk full details: Tom Walsh
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Membership Secretary Reenie Palmer tele: 058 54828

0730hrs Start Saturday “A” Walks: contact John Neylin tele: 058 42405

02-01-2011	€3	B	1000hrs	Mahon Falls	Tony Fitzgerald 087 2588171
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Thursday Afternoon Walks: meet outside Park Hotel at 13.30 pm

Contact: John Browne 058 42224 Jenny Richardson 024 91775 Peter Mangan 058 41248,

Next Committee meeting at 8pm 14-12-2010 at the Tudor House, Mary Street, Dungarvan

Next Club meeting at 8pm 04-01-2011 at the Tudor House, Mary Street, Dungarvan

Meeting point for walks is the TSB Car Park, 10 minutes before walk time listed unless stated.

December 2010 Newsletter

Christmas Party 2010

We are delighted to announce that a great number of interested members will be attending this years Christmas Party in the Park Hotel on Friday 17th December at 7.30pm. Peter Saville wishes to thank Club members who will be attending, and for getting the party money promptly to him. Booking for this party night has now finished. Looking forward to seeing you all strut your stuff on the dance floor in the Park Hotel.

If you are unable to attend the party on the night, the Park Hotel unfortunately have a “no refund policy” for its Christmas Parties.

Seasons Greetings from all the Committee

Since it's the season of good will, the Dungarvan Hillwalking committee want to wish everyone a very happy, peaceful Christmas and New Year. We hope to see many of our members out supporting the different grade walks over the festive period and well into 2011.

Great Surprise Success with the “Hungry Hillwalkers Favourite Recipes” Book

Reenie Palmer & Ann Mangan wish to thank everyone who contributed in any way to the surprise and runaway success of the recipe book and to let you know that the last few copies are available from David Walsh's, Lower Main Street & Michael J Power Printing, Scanlon's Yard Dungarvan.

The book retails at €5 with all monies raised going to the West Waterford Hospice Support Group.

Venture Outdoor and Surf Shop, Dungarvan

Dungarvan Hillwalking Club would advise all members if ever in need of anything for the great outdoors to please consider their outdoor clothing and equipment stores in their locality first before trying elsewhere.

Dungarvan has a great outdoor store called "Venture" at 2a High Street near the Plaza, Dungarvan Shopping Centre and I'm sure Cathal Gleeson and Marie Cahill would be delighted with your custom. Also, remember to show your club membership card and a 10% discount can be afforded to you on any purchases made.

Hillwalkers Tip of the Month

Boots are not cheap so it pays to look after them. When they get wet, always remove the laces and stuff the inside with newspaper to help them retain their shape. Allow them to dry naturally - never dry directly in sunlight or on radiators. Once dry, clean or brush off dirt; polish and finish with a coat of water repellent spray or wax. Any metal hooks or eyes can also be protected against corrosion by wax or vaseline. When waxing boots, avoid using a cloth as most of the wax remains on this. Instead, put on some surgical gloves and use your hand and fingers to massage the wax onto the boots.

DATES FOR YOUR DIARY

Mulled Wine and Mince Pie Walk

For this years walk, we will meet outside the Park hotel on Sunday December 19th at 1.00pm and from there we will car pool and travel to Ardmore. This walk is a fun walk and any charitable donations made on the day will be given to the Lions Club for their Christmas Appeal. Your funny Christmas jumpers and funky hats are welcome too. For any further details, please contact Reenie, tele: 058 54828

“Walk Off the Turkey” Walk

As Christmas is the season to be a little gluttonous, meeting at the TSB carpark, B grade walk at 11.00am to the Comeraghs and C grade walk at 1.00pm to Villierstown will be on Monday 27th December. This is an opportunity to walk off all those extra calories we all have been indulging in over the festive season and all members are invited for a chat and some craic along with a complimentary bowl of soup and a roll afterwards at the Clubs meeting point the Tudor House, Mary Street, Dungarvan from 4.00pm onwards.

New Years Day Walk

No better way to ring in the New Year than to come out on the Annual Walk around Glenshelane Woods. Meeting at 1.00pm from the TSB carpark on Saturday 1st January 2011. From there we all will travel and carpool to the parking area in the Glenshelane Woods. Tea and cakes served after the walk. For further details, please contact Tom Walsh, tele:058 42347

B Walks are usually 4 to 6 hours. C Walks are about 3 hours. Inclement weather is likely to extend the time of all walks Hillwalking is an adventure sport and not devoid of an element of risk. To minimize risk, be prepared: waterproof boots, rucksack, waterproofs, a packed lunch, hot drink, warm hat, gloves etc. Mountaineering Ireland (MI) recognizes that participants in Hillwalking should be aware of and accept any risk and be Responsible for their own actions and involvement

Remember: No Boots, No Walk