



# *Dungarvan Hillwalking Club*

## *Walks Schedule*

### *FEBRUARY 2011*

***LEENANE 2011 Friday 13<sup>th</sup> –Tuesday 17<sup>th</sup> MAY***  
***Mweelrea 814m Croagh Patrick 764m B & C Walks***  
***Full details: PETER MANGAN 058 41248 / 0872308857***  
***Website: dungarvanhillwalking.org***

<b>DATE</b>	<b>CAR POOL FEE</b>	<b>GRADE</b>	<b>TIME</b>	<b>LOCATION</b>	<b>LEADER</b>
06-02-2011	€12	B	0800hrs Dungarvan 1030hrs Glenflesk	Mangerton, Kerry <i>full details please see Newsletter overleaf:-</i>	Tom Meehan 086 2581071
	€3	C	1300 hrs	Lickey Valley	Brian Wickham 087 2791170

***Chairperson Peter Mangan tele: 058 41248***

13-02-2011	€3	B	1000hrs	Knockmealdowns	Mary O'Shea 087 9659648 Veronica Curran
	€3	C	1300 hrs	Annestown / Dunhill	Rena Cody 086 8102919

***“B” Walks contact Club Secretary Tom Walsh tele: 058 42347***

***C” Walks contact Brian Wickham tele:058 42338 / Norman Graham 051 386250***

***Membership Secretary Reenie Palmer tele: 058 54828***

***0730hrs Start Saturday “A” Walks: contact John Neylin tele: 058 42405***

20-02-2011	€3	B	1000hrs	Seefin / Corrigs	Tom Walsh 085 7437669
	€3	C	1300 hrs	Glenpatrick	Eddie Hill 087 2259225

***Thursday Afternoon Walks: meet outside Park Hotel at 13.30 pm***

***Contact: John Browne 058 42224 Jenny Richardson 024 91775 Peter Mangan 058 41248,***

27-02-2011	€3	B	1000hrs	Glenpatrick	Ned Cullinan 087 2773510 Kevin Houlihan
	€3	C	1300 hrs	Nire Valley Gap	Kieran Muldoon 086 8527475

***Next Committee meeting at 8pm 15-02-2011 at the Tudor House, Mary Street, Dungarvan***

***Next Club meeting at 8pm 01-03-2011 at the Tudor House, Mary Street, Dungarvan***

***Meeting point for walks is the TSB Car Park, 10 minutes before walk time listed unless stated.***

# *February 2011 Newsletter*

## *Daytrip to Mangerton, Kerry.*

Tom Meehan has another great hillwalk lined up in County Kerry this month. Mangerton and surrounds is the destination on February 6<sup>th</sup>. Club members leaving Dungarvan meet at 8am in the TSB car park, with a second rendezvous at Glenflesk petrol station at 10.30am, and from there we'll travel in convoy to Tom's starting point. Pooling of cars can also be arranged if necessary. Please contact Tom Meehan on his mobile for further details.

## *Thursday Walks*

Club members, if you have a free afternoon on Thursdays from 1.30pm till 5pm, please feel free to join in on the great walks arranged from outside the entrance to the Park Hotel, Dungarvan (almost opposite the Teagasc offices entrance). These walks are to various locations throughout the county and tea and refreshments served after the walk with a little historic storytelling if necessary.

All you need to do is bring a cup and your boots, rain gear etc. Great fun is had by all on these walks along with the much needed exercise too. Thanks to John Browne & Jack Clancy for co-ordinating these walks throughout the year

## *Beware of Lambing Season*

Consideration is required over the next coming months for any local farmers who have sheep lambing or cows calving, try not to disturb them when walking near or towards any farmlands where they graze, as any sudden movements or fright can cause the animals to lose their young.

We ask for your consideration and awareness to this while you're out enjoying the hills.

## *Hillwalkers Tip of the Month*

Ever wondered why base layers perform better when they are tighter fitting?

Two reasons. Firstly, if there's a big gap between your skin and the fabric, the moisture generally given off as vapour passes through the cooler air and therefore cools down and condenses before it has a chance to pass out to the outer layers.

Secondly, in terms of insulation, you are looking for a layer of warm air trapped between your skin and the outside world. If this layer is too big, it won't do its job of keeping you warm!

## *DATES FOR YOUR DIARY*

### *Fun Table Quiz Friday 4th February for SEMRA*

A fun Table quiz will be held at the Dungarvan Soccer Clubhouse in Kilrush Park Dungarvan on Friday 4th February, Doors open at 8pm, 5euro per person with max of 4 persons per table. Quizmaster on the night will be Norman Graham and the quiz will begin at 8.30pm Sharp. A great nights entertainment is a guarantee as questions will be set very fairly and funny answers will be accepted and possibly added to overall scores if funny enough!

This night is held as a fundraiser for SEMRA and your support will be very much appreciated for this very worthy cause.

### *Greg Goes to the Dogs Night*

Any club members interested in coming along to the Night at the Dogs on Friday 25th February please contact Greg Ashe to book your place on the bus. The travel arrangements for the night will be:-

Meet at the TSB Carpark, Dungarvan for 6.30pm and pay Greg on the bus 15euro for the return trip, and then at Kilcohan Park, Waterford 7euro entry fee to the spectators stand (Senior Concessions 5euro). It is hoped that from all our winnings some public house will see our company for a night of fun on the return trip back to Dungarvan,

### *Leenane 2011*

Dungarvan Hillwalking Club are planning a 4 day Hillwalking trip back to beautiful Leenane, Co. Galway on Friday 13th, Saturday 14th, Sunday 15th & Monday 16th May 2011, having stayed at the beautiful Leenane Hotel before and having made a special deal to members for accommodation at 189euro which includes 4 nights stay & 3 evening meals per person sharing or if you can't make the 4 days maybe 2 nights stay and 1 evening meal for 99euro P/P/S will suit.

For further details and adding your name on the "interested in this trip list", please contact Club Chairperson Peter Mangan.

B Walks are usually 4 to 6 hours. C Walks are about 3 hours. Inclement weather is likely to extend the time of all walks Hillwalking is an adventure sport and not devoid of an element of risk. To minimize risk, be prepared: waterproof boots, rucksack, waterproofs, a packed lunch, hot drink, warm hat, gloves etc. Mountaineering Ireland (MI) recognizes that participants in Hillwalking should be aware of and accept any risk and be Responsible for their own actions and involvement.

***Remember: No Boots, No Walk***