



WALK REGISTRATION SHEET

Walk Leader: _____

Destination/Route: _____

Date: _____

No	Name	Member	Visitor	Mobile Number
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				

Remember: No Boots, No Walk

Hillwalking is an adventure sport and not devoid of an element of risk. To minimise risk be prepared; boots, rucksack, waterproofs, a packed lunch, hot drink, warm hat, gloves etc. Mountaineering Ireland recognises that participants in Hillwalking should be aware of and accept any risks and be responsible for their own actions and involvement.